

## LAL-D: A LIFE-THREATENING GENETIC DISEASE WITH ONGOING, PROGRESSIVE, MULTIORGAN DAMAGE LEADING TO PREMATURE DEATH<sup>1</sup>

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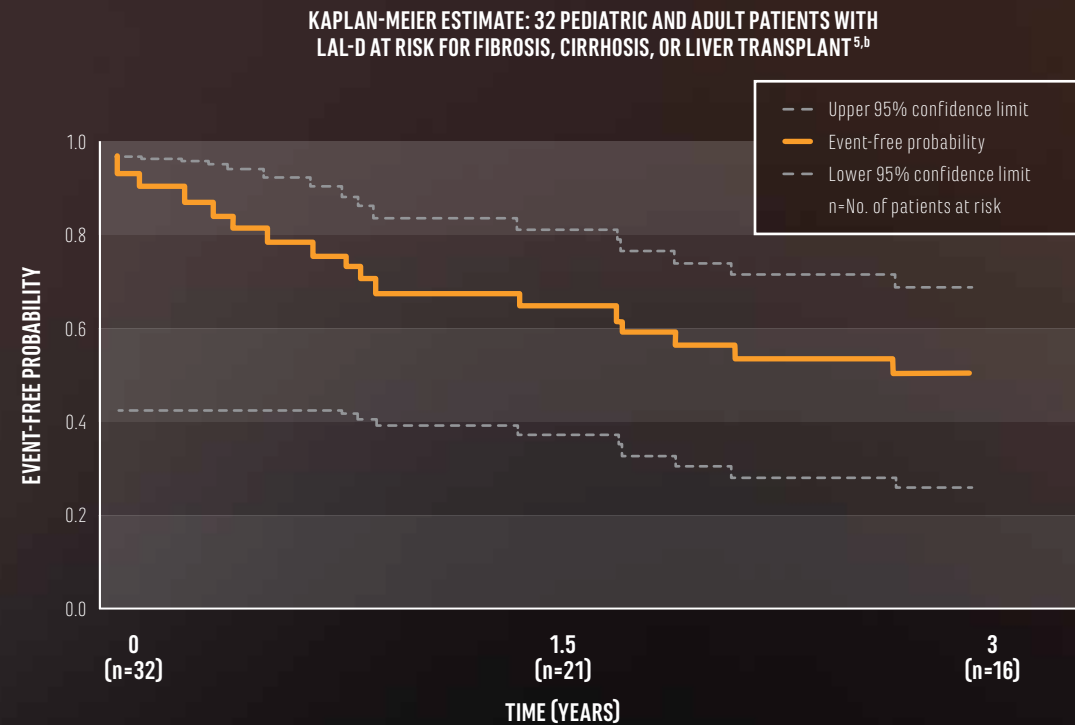
Suspected heterozygous familial hypercholesterolemia (HeFH) with no confirmed genetic mutation, or persistently elevated alanine aminotransferase (ALT), or no family history?<sup>2,3</sup>

## TEST FOR LAL-D

## LAL-D IS A PROGRESSIVE GENETIC DISEASE ASSOCIATED WITH SIGNIFICANT MORBIDITIES AND PREMATURE MORTALITY<sup>1</sup>

- LAL-D, historically known as Wolman disease and CESD, is a lysosomal storage disorder in which deficient lysosomal acid lipase—a vital enzyme—leads to uncontrolled accumulation of CEs and TGs, and devastating multiorgan damage<sup>2</sup>
  - » **Liver:** hepatomegaly, progressive fibrosis, cirrhosis, and liver failure<sup>2</sup>
  - » **Cardiovascular system:** dyslipidemia leading to accelerated atherosclerosis<sup>2</sup>
  - » **Intestine:** malabsorption in the intestinal villi<sup>1</sup>
  - » **Spleen:** splenomegaly leading to anemia and thrombocytopenia<sup>1,2,4</sup>
- 87% (48/55) of patients showed manifestations in more than one organ; 79% (38/48) of those patients were 19 years of age or younger<sup>1,a</sup>

Nearly 50% of pediatric and adult patients with LAL-D with a clinical biopsy assessment progressed to fibrosis, cirrhosis, or liver transplant within 3 years of first clinical manifestation<sup>5,b</sup>



- In a separate clinical study, 50% (5/10) of patients exhibited worsening of hepatic steatosis after 20 weeks<sup>6,c</sup>

## LAL-D LEAVES PATIENTS AT PERSISTENT RISK OF DEVASTATING CONSEQUENCES<sup>1</sup>

<sup>a</sup>Based on an analysis of 55 genotyped patients with LAL-D in a cohort of 135 cases.<sup>1</sup>

<sup>b</sup>Based on modeling, using a subset of 31 patients (≤5 years of age) in an observational study who received a liver biopsy, and 1 additional patient with no biopsy who received a liver transplant. Patients selected by their clinician for liver biopsy are expected to have more evidence of disease progression than patients with LAL-D overall.<sup>5,7</sup>

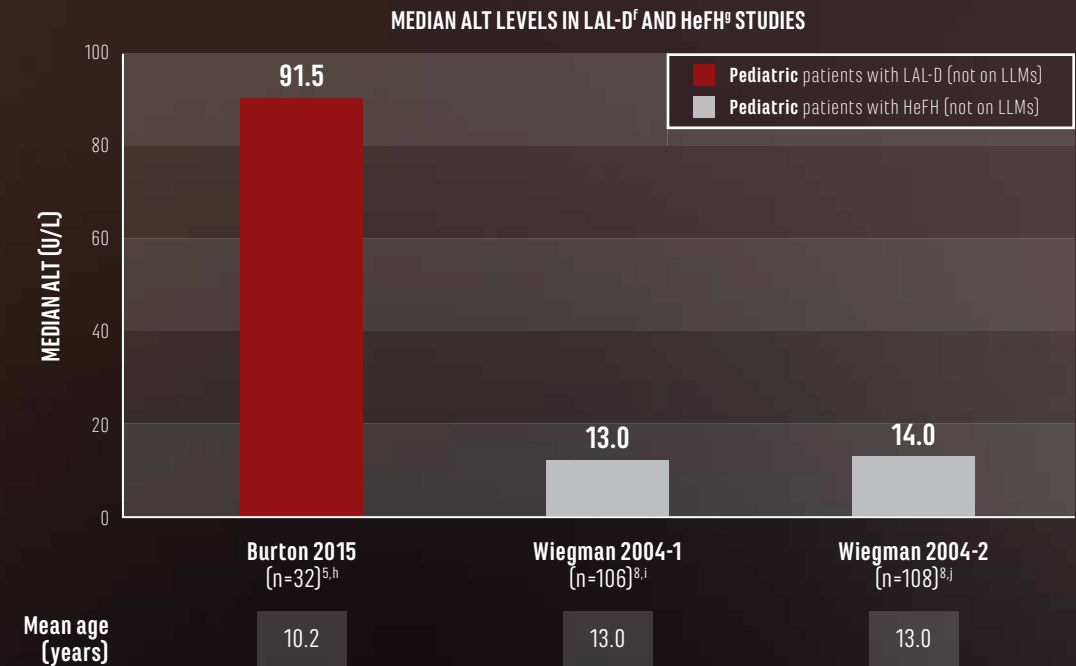
<sup>c</sup>Based on liver histopathological analyses of hematoxylin and eosin-stained fat in paired morphometric assessments of hepatic steatosis in a subgroup of 10 patients with LAL-D in the placebo arm of 30 patients who underwent biopsy.<sup>3,5</sup>

Abbreviations: CE, cholesteryl ester; CESD, cholesteryl ester storage disease; TG, triglyceride.

## DYSLIPIDEMIA OFTEN APPEARS AT A YOUNG AGE IN PATIENTS WITH HeFH OR LAL-D, WHICH MAY LEAD TO A HIGH RISK OF CHD<sup>2,8</sup>

- Progression of atherosclerosis can begin to manifest at a young age in patients with HeFH, as also reported for patients with LAL-D<sup>2,8</sup>
  - » Mean LDL-c was 6.1 mmol/L in patients with HeFH (mean age, 12.9 years)<sup>9,d</sup> compared with 5.4 mmol/L in patients with LAL-D (mean age, 16.0 years)<sup>5,e</sup>
- Approximately 67% to 83% of patients with a clinical diagnosis of HeFH have a confirmed mutation<sup>10</sup>; patients have a family history of dyslipidemia and/or premature CHD in first-degree relatives due to the autosomal dominant nature of HeFH<sup>11</sup>
- Patients with HeFH generally have normal ALT levels compared with patients with LAL-D who often have persistently elevated ALT levels from a young age<sup>5,8</sup>

ALT levels reported for patients with LAL-D may be higher than those reported in patients with HeFH<sup>5,8</sup>



NOTE: These studies represent individual publications using different populations of patients. Data are not directly comparable.

## HIGH ALT LEVELS MAY HELP DIFFERENTIATE LAL-D FROM HeFH<sup>5,8</sup>

<sup>d</sup>Mean data from a clinical study of pediatric patients with HeFH (n=194).<sup>9</sup>

<sup>e</sup>Mean data from a clinical study of patients with LAL-D (N=66).<sup>5</sup>

<sup>f</sup>In the LAL-D study, an ALT ≥1.5x the ULN according to specified gender-specific normal ranges was one of the eligibility criteria for enrollment; of 64 pediatric patients (≤18 years of age) initially assessed, 2 had ALT levels ≥ULN.<sup>5,5</sup>

<sup>g</sup>In the HeFH study, a persistent elevation in liver enzymes was one of the exclusion criteria; of 230 potential patients screened, 2 had persistently elevated liver or muscle enzymes.<sup>8</sup>

<sup>h</sup>Interquartile range, 73 to 119.5 U/L.<sup>5</sup>

<sup>i</sup>Interquartile range, 12 to 18 U/L.<sup>8</sup>

<sup>j</sup>Interquartile range, 11 to 18 U/L.<sup>8</sup>

Abbreviations: CHD, coronary heart disease; LDL-c, low-density lipoprotein cholesterol; LLM, lipid-lowering medication; ULN, upper limit of normal.

# DIFFERENTIATE LAL-D FROM HeFH

Pediatric patients with no confirmed genetic mutation, or persistently elevated ALT, or no family history of dyslipidemia may not have HeFH<sup>2,3</sup>

## Narrowing the diagnosis

CLINICAL FINDINGS DIFFERENTIATE LAL-D FROM HeFH		
	LAL-D <sup>2,3</sup>	HeFH <sup>8,11</sup>
ALT	Elevated	Normal <sup>a</sup>
FAMILY HISTORY REQUIRED	No	Yes

The information in this chart is intended as educational information for healthcare professionals. It does not replace a healthcare professional's judgment or clinical diagnosis.

<sup>a</sup>Liver enzymes may be elevated in patients with HeFH taking statins.<sup>11</sup>

Could any of your pediatric patients with suspected HeFH have LAL-D? Test for LAL-D with an enzymatic blood test when you see **any** of the following<sup>2,3</sup>:

- No confirmed mutation
- Persistently elevated ALT
- No family history

## TEST FOR LAL-D WITH AN ENZYMATIC BLOOD TEST<sup>2,12</sup>

**References:** 1. Bernstein DL, et al. Cholesteryl ester storage disease: review of the findings in 135 reported patients with an underdiagnosed disease. *J Hepatol.* 2013;58:1230-43. doi:10.1016/j.jhep.2013.02.014. 2. Reiner Z, et al. Lysosomal acid lipase deficiency — an under-recognized cause of dyslipidaemia and liver dysfunction. *Atherosclerosis.* 2014;235:21-30. doi:10.1016/j.atherosclerosis.2014.04.003. 3. Burton BK, et al. *N Engl J Med.* 2015;373:1010-20. doi:10.1056/NEJMoa1501365. 4. Hoffman EP, et al. Lysosomal acid lipase deficiency. In: Pagon RA, et al, eds. *GeneReviews.* Seattle, WA: University of Washington; 2015. <http://www.ncbi.nlm.nih.gov/books/NBK305870/>. Accessed October 9, 2015. 5. Data on file, Alexion Pharmaceuticals. 6. Abel F, et al. Poster presented at: the International Liver Congress 2016. April 13-17, 2016; Barcelona, Spain. 7. Burton BK, et al. Clinical features of lysosomal acid lipase deficiency. *J Pediatr Gastroenterol Nutr.* 2015;61:619-25. doi:10.1097/MPG.0000000000000935. 8. Wiegman A, et al. Efficacy and safety of statin therapy in children with familial hypercholesterolemia: a randomized controlled trial. *JAMA.* 2004;292:331-7. doi:10.1001/jama.292.3.331. 9. Kusters DM, et al. Ten-year follow-up after initiation of statin therapy in children with familial hypercholesterolemia [letter]. *JAMA.* 2014;312:1055-7. 10. De Castro-Orós I, et al. The genetic basis of familial hypercholesterolemia: inheritance, linkage, and mutations. *Appl Clin Genet.* 2010;3:53-64. 11. Goldman AC, et al. Familial hypercholesterolemia: screening, diagnosis and management of pediatric and adult patients. *J Clin Lipid.* 2011;5:S1-S8. doi:10.1016/j.jacl.2011.04.003. 12. Hamilton J, et al. A new method for the measurement of lysosomal acid lipase in dried blood spots using the inhibitor Lalistat 2. *Clin Chim Acta.* 2012;413:1207-10. doi:10.1016/j.cca.2012.03.019.