

GLOSSARY

Enzyme: Enzymes are responsible for much of the work that is going on in cells. When a cell needs to get something done, it almost always uses an enzyme to speed things along.

LAL: This enzyme plays an important role in breaking down fat in your body.

To learn more about LAL-D,
visit **LALDSOURCE.COM**



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THE ABCs OF LAL-D

FOR CHILDREN WITH LYSOSOMAL
ACID LIPASE DEFICIENCY (LAL-D)

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All about LAL-D

Your doctor has probably told you that LAL-D is a very serious condition. You may be wondering what LAL-D is and how you can explain it to your family, friends, and teachers. This brochure will help you learn all about LAL-D and how it can affect your body.

People born with LAL-D cannot break down fat because their bodies do not make enough of an enzyme called lysosomal acid lipase (LAL). When the body does not have enough LAL, fat can build up in the liver, heart, intestines, and other organs, and cause problems—so it is important that you and your doctor work together to keep you healthy.



Be smart about LAL-D

You may not look or feel sick now, but LAL-D can get worse at any time. You may need to visit your doctor for regular checkups to see how you are doing. Be sure to tell your family, doctor, teacher, or an adult if you have any of the following:



Stomach pain or swollen belly



Diarrhea or trouble going to the bathroom



Vomiting

Let your parents, teacher, or other adult know if you have any strange symptoms like these so that they can help you.

Chat with your doctor about LAL-D

Because your LAL-D never goes away, it's important to visit your doctor for regular checkups to help you stay healthy.

Do you want to learn more about LAL-D? Your doctor has the answers to lots of questions you may have. To help you get started, here are some things you may want to ask:

- Will LAL-D make me feel sick?
- How often should I come back for a checkup?
- Can I still go to school and join in activities?

You can write down other questions or concerns you have on the lines below.
